

Small Hands: Types of Challenge

Need to acquire: reach, speed, power, confidence

Need to avoid: injury, discomfort, weakness, fatigue, anxiety

Specific Concerns:

Solid or broken chords with wide spaces/uncomfortable stretches

Cantabile lines with wide spaces/uncomfortable stretches

Arpeggios with wide spaces/uncomfortable stretches

Changes of direction, especially in rapid tempos

Wide leaps and hand shifts at fast tempos

Complex textures involving multiple layers

Passagework involving octaves, double notes, widely-spaced chords

Fast tempos that need to be maintained



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